



GOOD TO KNOW

TAXIS

Taksi Tampere: 0100 4131
Liuttu Logistiikka: 0100 4041
02 Taksi Tampere: 020 230

EMERGENCY NUMBER

TAYS Ensiapu Acuta (First Aid Unit)
Teiskontie 35 (TAYS K building)

TAMPERE MAIN POLICE STATION

Hatanpään valtatie 16

CITY BUSES: TAMPERE PUBLIC TRANSPORT

Frenckell customer service point:
Frenckellinaukio 2 B
Timetables nysse.fi/en

LONG DISTANCE BUSES: BUS STATION

Matkahuolto: Hatanpään valtatie 7

TRAIN STATION

VR: Rautatienkatu 25

CURRENCY EXCHANGE (Forex Bank)

Stockmann Tampere, Hämeenkatu 4, 3rd floor

UNIQUE MUSEUMS

Tampere is the home to some of Finland's most unusual museums. Here you can visit the world's only Moomin Museum, try your skills as an agent at the Spy Museum, or play the 70s arcade games at the Museum Centre Vapriikki. The gems of the Art Town Mänttä, the Serlachius Museums, are easy to explore: just hop onto the museum bus from the Tampere bus station or train station.

- 23. Moomin Museum
- 24. Spy Museum
- 25. Lenin Museum
- 26. Finnish Labour Museum Werstas
- 27. Amuri Museum of Workers' Housing
- 28. Hiekkä Art Museum
- 29. Sara Hildén Art Museum
- 30. Tampere Art Museum
- 31. Emil Aaltonen Museum
- 32. Museum Centre Vapriikki
(Tampere Natural History Museum, Mineral Museum, Postal Museum, the New Hockey Hall of Fame Finland, Media Museum Rupriikki, the Finnish Museum of Games)
- 33. Serlachius Museum
The Serlachius bus leaves from the bus station

Find more sustainable options – follow the heart

Companies participating in Think Sustainably service are marked with a red, heart-shaped label.

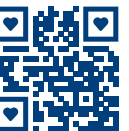


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Maps and brochures:
Visittampere.fi, Tampere Market Hall,
Frenckell Customer Service Point,
visittampere@visittampere.fi



TAMPERE. FINLAND

Tampere.Finland app – information for tourists and residents

The Tampere.Finland application includes a route finder, public transport routes and timetables, the Tampere event calendar, and the Tampere Pass for retail discounts. Download free of charge from Google Play Store and Apple App Store.



ONLY IN TAMPERE

Visit the Finlayson and Tampella areas to see how the city's industrial heritage has got a new life. Admire Tampere's cityscape, historic red-brick buildings and roaring rapids. Climb up the Pyynikinharju ridge and enjoy the breathtaking scenery. Taste the world's best doughnuts in the Pyynikki Observation Tower. Drop by the Pispala district, boasting Tampere's most stunningly beautiful wooden houses.

10. **Finlayson Area** (Roof walks: [roofwalk.fi](#))
11. **Tampella Area**
12. **Palatsinraitti Bridge** ↗
13. **Satakunnansilta Bridge** ↗
14. **Kehräsaari**
15. **Finlayson Palace and Finlayson Church**
16. **Tallipiha Stable Yards**
17. **Näsilinna Mansion House and Näsinpuisto Park** ↗
18. **Cathedral**
19. **Pyynikki Observation Tower** ↗
20. **Pispala** ↗
21. **Pispala Stairs**
22. **Pyynikki Beach**

↗ Vantage point

TAMPERE – SAUNA CAPITAL

Tampere was nominated the Sauna Capital of the World in 2020. No wonder - there are more than 50 public saunas in the Tampere region. We listed a few tips for you below. For more information on all public saunas, go on [visittampere.fi/en/sauna-capital](#)

34. Saunaravintola Kuuma. Enjoying the gentle steam of an urban smoke sauna, and an after-work dip in the fresh lake water, is more the rule than the exception. **Laukontori 21**

35. Rajaportti sauna. Journey back in time in Finland's oldest public sauna still in use. **Pispalan valtatie 9**

36. Hiedanranta communal sauna. A tub or garden hose provides the cooling (as there's no lake), and sauna-goers are provided the warmth of this free-of-charge, open to all sauna. **Tehdaskartanonkatu 38**

37. Kaupinoja sauna. Enjoy the sauna and a dip in the invigorating waters of Lake Näsijärvi, on almost every day of the year. **Kaupinpuistonkatu 7 A**

37. Rauhaniemi sauna. A beach, two traditional saunas, two special saunas, a lake with clean water, the chance to go swimming in the summer and winter... What more could you wish for? **Rauhaniementie 24**

EVENTFUL TAMPERE

97. Nokia Arena. The new number one arena in Finland. A great venue for a wide variety of events from conferences and professional gatherings to major sports, culture and entertainment events. Try one of the many restaurants or head to the new Casino Tampere. Arena also has a hotel: Lapland Hotels Arena with a spectacular sauna terrace. **Sorinkatu 3**

46. Central square. Keskustori. The heart of the city as well as the stage for many events such as Christmas market and Summer Oasis.

47. Tampere Hall. Tampere Hall hosts hundreds of concerts, congresses and events each year. It is also the home of the world's only Moomin Museum. **tampere-talo.fi/en/Yliopistonkatu 55** ↗

48. Särkänniemi is one of the top attractions in Tampere. In the resort you can have fun at the theme park, Aquarium, Planetarium and Doghill Fairytale Farm with real animals. The rotating restaurant Näsinneula in the observation tower offers some fancy menus with a view. **sarkanniemi.fi/Laiturikatu 1** ↗

49. Tampere Exhibition and Sports Centre. Hop on the bus number 14 and head for a venue brimming with trade fairs, events and concerts! **tampereenmessut.fi/en/Ilmailunkatu 20**

50. Olympia Quarter. Contemporary artists, fascinating cultural phenomena and delicious food, all under the same roof. **Satakunnankatu 70**

51. G Livelab Tampere. Housed in the historic Frenckell boiler room in Tampere's Koskipuisto Park, this club offers a wide range of live music experiences based on state-of-the-art audio equipment and a modern design with a cosy atmosphere. **Puutarhakatu 1** ↗

52. Tullikamari = Klubi + Pakkahuone. This is the most legendary gig venue in town! **Tullikamarin aukio 2**

Theatres

Tampere is known as the 'Theatre Capital of Finland' for a reason: its numerous professional and non-profit theatres offering performances for all tastes and moods. For more information, see [visittampere.fi/en/city-culture/theatre](#)

53. **TTT-Theatre** ↗
54. **Tampere Theatre** ↗
55. **Tampere Comedy Theatre**
56. **Pyynikki Summer Theatre**

Lake nature

57. Lake cruises. Boat cruises take passengers through the lake sceneries on Lake Pyhäjärvi and Lake Näsijärvi. **hopealinjat.fi/en**

58. Viikinsaari Island. The most beautiful summer oasis in Tampere offers the perfect place for picnics, summer theatre experiences and enjoyment for the whole family! **en.viikinsaari.fi**

DESIGN & SHOPPING

38. **Ratina Shopping Centre: Vuolteenkatu 1**
39. **Koskikeskus Shopping Centre: Hatanpään valtatie 1**
40. **Department store Sokos: Hämeenkatu 21**
41. **Department store Stockmann: Hämeenkatu 4**
42. **Tullintori Shopping Centre: Tullikatu 6**

Check out the DesignOnTampere shops. The DesignOnTampere map shows boutiques and shops that sell Finnish and local clothes, accessories and interior design treasures. [designontampere.com/en/map/](#)

LOCAL FLAVOURS

Enjoy a morning coffee at the local market, try the local delicacy black sausage, or buy fresh vegetables and berries. For more local flavours, lively cafés and lunch restaurants visit the 120-year-old Market Hall. **Hämeenkatu 19**

43. **Laukontori**
44. **Tammelantori**
45. **Market Hall**



EAT & DRINK

Relaxed fine dining

59. Restaurant C. Enjoy the harmony of good service, food made with local ingredients, and first-class wines. **Rautatienkatu 20** ↗

60. Ravinteli Bertha. Bertha is a high-quality yet relaxed restaurant. Bertha's dishes feature local delicacies from near and far, and prime ingredients. **Rautatienkatu 74**

61. Restaurant Kajo. Enjoy the purest natural flavours spiced up with great service, stories and ambiance. This restaurant gives food a whole new meaning! **Rautatienkatu 12** ↗

62. Restaurant Hella & Huone. A small and intimate restaurant based on French cuisine, with a menu offering the best of seasonal ingredients and vegetables. **Aleksanterinkatu 31**

43. Restaurant LiV. A small, classy and cosy restaurant, concentrating on European cuisine with an excellent wine selection. **Laukontori 6 B**

63. Restaurant Näsinneula. Näsinneula offers the most breathtaking views in Tampere, accompanied by outstanding food. **Laiturikatu 1** ↗

Local legends

64. Ohranjyvä. Quench your thirst and satisfy your hunger in one of Tampere's most classic restaurants. Ohranjyvä has been serving good food and drinks in the same place since 1965. **Näsilinnankatu 75**

65. Siipiweikot. Want to try the traditional delicacy of Tampere? Spread your wings and fly to Siipiweikot, one of the restaurants serving mythic hot wings! **Aleksanterinkatu 26 and Juhlatalonkatu 5**

66. Coussicca. The oldest dining restaurant in Tampere. The rumour has it that people come here for steaks all the way up from other regions. **Nyrikintie 2**

67. Pispalan Pulteri. Sense the atmosphere and try famous steaks of the restaurant that has been the living room for people living in Pispala since the 1960s. **Pispalan valtatie 23**

68. Vaakon nakki kiosk. There are traditions, and then there are Traditions. Vaakon nakki has been serving delicious fast food classics since 1962! **Pispalan valtatie 37**

A tasty trip around the world

69. Café Pispala. A slice of the American dream (with pancakes) in a traditional working class district. **Pispankatu 30**

70. Restaurant 4 Vuodenaikaa. This bistro-style restaurant and its wonderful atmosphere add a touch of France to the Market Hall. **Hämeenkatu 19 (Market Hall)**

71. Puisto. Visit Puisto for culinary experiences with an Italian twist. Enjoy delicious food and spectacular views of the Tammerkoski rapids. **Hämeenkatu 14A, Koskipuisto** ↗ ↗

50. Muusa. Mediterranean, Middle Eastern and North African cuisine combined with pure, local flavours suitable for both vegans and flexitarians. **Satakunnankatu 10 (Olympia Quarter)**

72. Vegetarian Restaurant Gopal. A local vegetarian restaurant serving dishes made from the freshest ingredients with Indian spices. **Ilmarinkatu 16**

How about an award-winning beer or a glass of great wine?

73. Gastropub Nordic. Pick the best of the Nordic countries from the menu and beer selection. Tasty, wholesome dishes and drinks in downtown Tampere. **Otavalankatu 3**

74. Gastropub Tuulensuu. This gem of Hämeenpuisto Park is a great place for atmospheric candlelit dinners, or just relaxing in the evenings. **Hameenpuisto 23**

75. Plevna Brewery Pub & Restaurant. Experience a central European brewery cellar in the heart of the city. Plevna offers a wide menu of delicious dishes, as well as prize-winning products from its brewery. **Itäinenkatu 8**

76. Pyynikin Craft Brewery. The brewery's very own restaurant, inspired by a passion for great beers and bold culinary adventures. **Verkatehtaankatu 2**



77. Champagne Bar Santé. A stylish champagne and wine bar in the heart of Tampere. **Hatanpään valtatie 2**

78. Juustosoppi. Wine and cheese – a match made in heaven and easy to get at Juustosoppi in the Market Hall. Have a glass of wine with some cheese in the tiny Juustosoppi bar or fill your picnic basket here. **Hämeenkatu 19 (Tampere Market Hall)**

79. Bistro Naapuri. This cosy "living room" offers culinary delights for everyone: for vegans, people on gluten-free diets, wine lovers, coffee addicts... something for everyone! **Tuomiokirkonkatu 24**

80. Moro Sky Bar. Enjoy a glass of wine or delicious drink, while admiring a view of Tampere city centre from the rooftop bar of Finland's tallest hotel. **Ratapihankatu 43 (Solo Sokos Hotel Tornin Tampere, floor 25)** ↗

Born classics

81. Heinätori. Enjoy traditional Finnish flavours with guaranteed quality and style in the old weighing room of Pyynikintori Square. **Pyynikintori 5**

82. Sitko Pizza & Bar. Everything homemade from start to finish, down to the smallest detail! Even the pizza base is a delicacy in itself. **Näsilinnankatu 22**

83. Tiiliholvi. Step into the cellar restaurant of a stately Art Nouveau building, enjoy culinary fireworks and relax in an exquisite atmosphere under brick arches. **Kauppakatu 10**

84. Restaurant Aisti. Locally produced, seasonal, pure and fresh ingredients are highlighted by the culinary philosophy of this rustic theatre restaurant. **Hallituskatu 19**

85. Henriks. Food is lovingly prepared with the season's best ingredients in this small and friendly classic restaurant. **Satamakatu 7**

86. Ravinteli Huber. A steakhouse with a relaxed atmosphere, for meat lovers and their friends. **Aleksis Kiven katu 13**

87. Restaurant Tampella. Located right by the Tammerkoski rapids, this former linen weaving mill invites you today to enjoy meals made from fresh produce. **Kelloportinkatu 1**

38. Restaurant Periscope. Enjoy artisan dishes served at the tables of a trendy restaurant, with beautiful views over the Tampere city centre and Lake Pyhäjärvi. **Vuolteenkatu 1** ↗ **(Ratina Shopping Centre)**

88. Pizzeria Napoli. What does a pizza with blood sausage topping taste like? Find out at Tampere's oldest pizzeria, with over 100 pizzas on the menu! **Aleksanterinkatu 31**

89. Restaurant Myllärit. Dishes with a Scandinavian touch are served in this restaurant, housed in a former mill over a 100 years old. **Åkerlundinkatu 4**

Sweet cafés

90. Pyynikin munkkikahvila Café. The best doughnuts in the world are made in Tampere. Also a vegan version is available. Yummy! **Näkötornintie 20 (Pyynikki Observation Tower) and Hämeenkatu 19 (Tampere Market Hall)**

27. Café Amurin Helmi. This café, located next to the Museum of Workers' Housing, will take you back a 100 years. Amurin Helmi serves traditional delicacies from its own bakery. **Satakunnankatu 49**

91. Waffle Café. You will be spoiled for choice in Tampere's first waffle café. Sweet and savoury waffles to suit all occasions and tastes! **Ojakatu 2**

92. Café Runo. Are you in Berlin? Or Paris, perhaps? No, you are in Café Runo, a poetic spot on the corner of Ojakatu, Tampere. **Ojakatu 3**

93. Café Pyymäen Oma. Café culture Pyymäki-style, in the heart of Tampere. This elegant café serves fresh and mouth-watering delicacies from its own bakery. **Tuomiokirkonkatu 32**

94. Cat Café Purnauskis. Meow and Purnauskis! Enjoy a cup of something hot in the company of a dozen cats. **Aaltosenkatu 31-33**

95. Café Valkoinen Puu. The cakes of Valkoinen Puu café are big tastewise and sizewise! All products are made from organic and locally produced ingredients. **Aleksis Kiven katu 24** ↗

96. Bakery Café Puusti. Delicious cinnamon rolls baked on site. **Yliopistonkatu 50**

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#VisitTampere #HungryForTampere #SaunaCapital

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