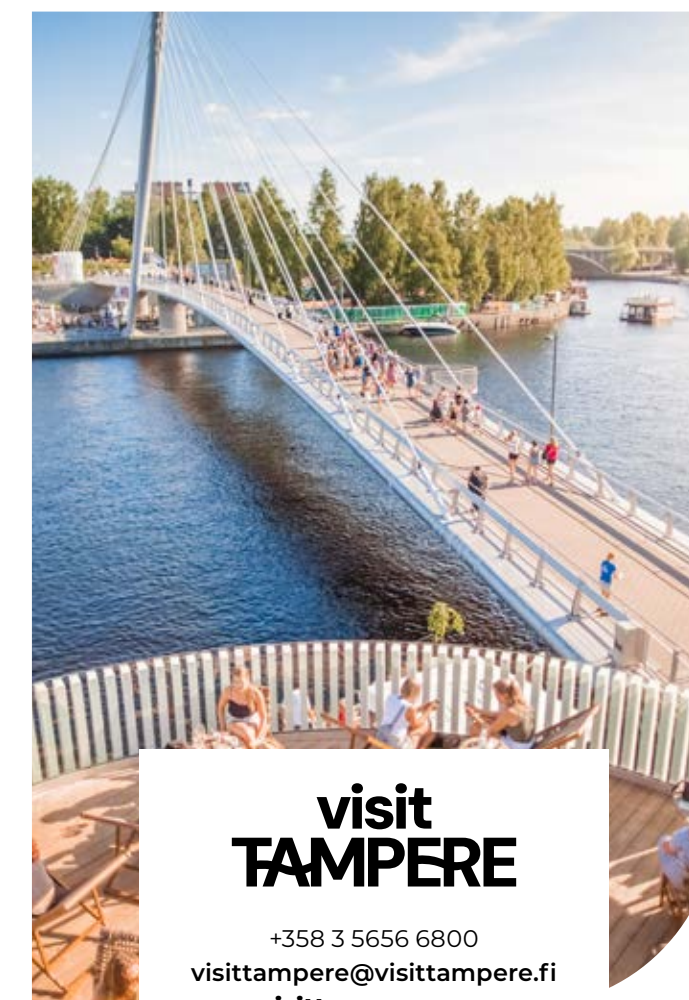
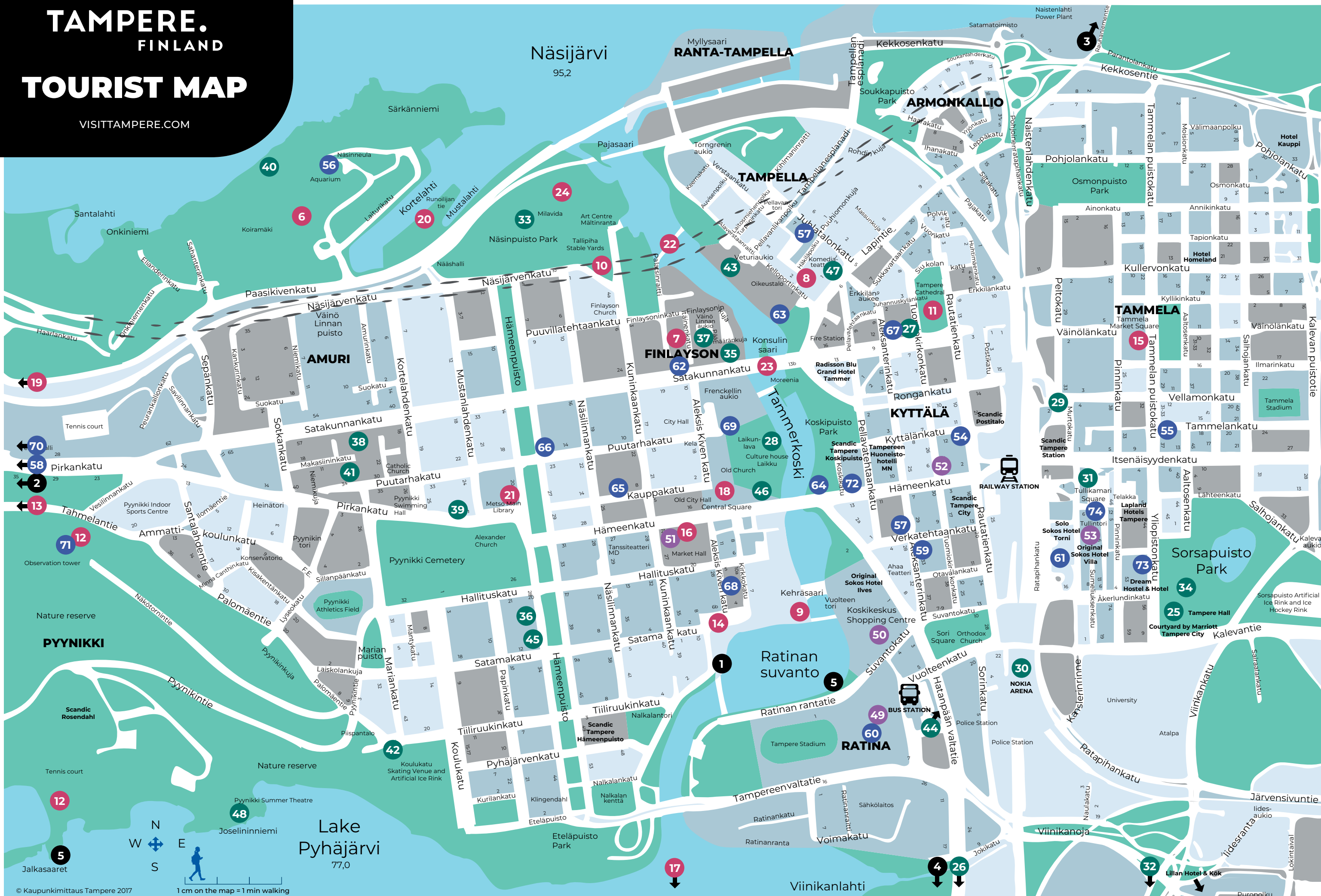


TAMPERE. FINLAND

TOURIST MAP

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THE SAUNA CAPITAL

Tampere is the Sauna Capital of the World and for a good reason! Tampere region is home to nearly 70 public saunas, offering a great variety of sauna experiences from traditional wood-heated saunas to modern urban saunas. Find your favourite at saunacapital.com

- 1. Sauna-restaurant Kuuma:** A visit to the gentle heat of an urban sauna, followed by a refreshing dip in the swimming area guarantees a relaxing moment in the heart of the city.
- 2. Rajaportti sauna:** Travel back in time at Finland's oldest public sauna that is still in use today.
- 3. Kaupinoja sauna:** Enjoy a relaxing sauna and a refreshing dip in the invigorating waters of lake Näsijärvi – an experience you can enjoy almost every day of the year.
- 3. Rauhaniemi sauna:** A Beach, two traditional saunas, a lake with clean water and the chance to go swimming both in summer and winter. What more could you ask for? (Rauhaniemi is closed for renovations until spring 2027.)
- 4. Pereensaari sauna:** Nestled on the scenic shores of lake Pyhäjärvi in Pirkkala, this sauna offers a modern experience that blends high-quality facilities with the tranquility of nature.
- 5. Sauna-restaurant Flou:** This unique floating sauna moves with the seasons, spending the summer in Ratina bay and settling along the scenic shores of Pyynikki for the winter.

We'd love to hear what you think. Give feedback on your visit to the City of Tampere and Visit Tampere Ltd.



FOLLOW US ON SOCIAL MEDIA AND SHARE THE HIGHLIGHTS OF YOUR VISIT!

#VisitTampere #SaunaCapital

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2026

Visit Tampere is not responsible for any changes; please check the latest information on the venues' own websites.

The services in Tampere region make sustainable choices easy. Find tips for your stay at visittampere.com



Visit Tampere was awarded the Sustainable Travel Finland label in April 2025.



TAMPERE HIGHLIGHTS

6. Särkänniemi: Unforgettable experiences for the whole family. In addition to the amusement park rides, visitors can explore the Doghill Fairytale Farm, the Näsinneula Observation Tower, the Aquarium and the Planetarium.

7. Finlayson Area: A historic industrial setting in the beautiful Tammerkoski national landscape, now serving as a vibrant centre of culture and events.

8. Tampella Area: Charming blend of industrial heritage and modern architecture, complemented by a waterfront promenade with beautiful views of lake Näsijärvi.

9. Kehräsaari: Unique former industrial district with restaurants, a cinema and craft boutiques providing memorable experiences throughout the year.

10. Tallipiha Stable Yards: Idyllic old wooden district where artisan boutiques, handcrafted chocolates and a cosy café invite visitors to explore and enjoy delicious treats.

11. Tampere Cathedral: Stunning national romantic church, famous for its remarkable interior artworks, which hold a special place in Finland's cultural history.

12. Pyynikki: Scenic ridge area just outside the city centre, offering the perfect setting for relaxation whether on its walking trails or at the beach. At the Pyynikki Observation Tower, visitors can enjoy the famous doughnuts and coffee while taking in breathtaking views.

13. Pispala: Distinctive residential area and popular outdoor spot, known for its narrow streets, colourful houses and gardens. The best views open up from Pyykkimettä park!

14. Laukontori: Vibrant market square known for its diverse street food selection. Its harbour also serves as a departure point for ferries to Viikinsaari and various lake cruises.

15. Tammelantori: Lively market square where local delicacies, market cafés, fresh seasonal products and a warm atmosphere come together all year round.

16. Market Hall: Stunning architecture and a relaxed atmosphere in the very heart of the city centre. Here you'll find delicious restaurants, mouth-watering pastries and high-quality ingredients.

17. Viikinsaari island: A summer oasis located less than a half-hour boat ride from the city centre, where lush greenery, an idyllic villa and charming sandy beaches delight visitors of all ages.

18. Central square: The heart of Tampere, surrounded by the City Hall, the Tampere Theatre, and the Old Church. At Christmas, the square transforms into a cozy Christmas market filled with seasonal delicacies, handcrafted gifts, and festive lights that create warm atmosphere.

19. Hiedanranta: Innovative urban cultural hub conveniently located along the tram route. This unique setting combines the beautiful scenery of lake Näsijärvi with a distinctive manor and industrial environment.

20. Mustalahti harbour: Charming harbour on the shores of lake Näsijärvi, also serving as a gateway to unforgettable lake cruise experiences.

21. Main Library Metso: Designed to resemble a capercaillie from above, the main library is an architectural landmark where intriguing details and unique design await around every corner.

22. Palatsinraitti bridge (viewpoint)

23. Satakunta bridge (viewpoint)

24. Näsilinna mansion and Näsinpuisto park (viewpoint)



AT THE HEART OF CULTURE

Renowned as a vibrant cultural hub, Tampere offers something for everyone with an interest in music, theatre, art, and museums. The city hosts a rich variety of experiences, from major festivals to intimate cultural events. Check out current events at tapahtumat.tampere.fi

25. Tampere Hall: A hub of events and culture where you can engage all your senses, get inspired and enjoy yourself all year round.

26. Tampere Sports & Expo: Hop on the event shuttle bus and head to fairs and events!

27. Olympia cultural block: Top artists, fascinating cultural phenomena and delicious food all under one roof.

28. G Livelab Tampere: Live music experiences centered around a diverse program, top-tier sound quality, and modern design that creates an inviting atmosphere.

29. Tavara-asema: Impressive gigs and exciting events held within the historic walls of Tavara-asema.

30. Nokia Arena: Finland's largest multipurpose arena, suitable for a wide variety of events. The experience is completed with high-quality facilities and a full range of services.

31. Tullikamari: The legendary venue has been hosting thousands of concerts and events for more than 30 years!

32. Nekalab: Internationally unique cultural hub that serves as a lively meeting point for art, culture and local life.

33. Museum Milavida: A museum located in Näsilinna that showcases the lives of Tampere's cosmopolitans. Its changing exhibitions focus on fashion and design.

34. World's only Moomin Museum: Experimental art museum for Moomin fans and art lovers of all ages. In the museum you can dive into the adventures of the Moomins through Tove Jansson's original illustrations.

35. Spy Museum: Immerse yourself in the fascinating world of espionage with real surveillance devices, spy cameras and encryption systems. You can even test your own spy skills!

36. Nootti Museum of Finnish-Russian Relations: A Museum of political history focusing on Finnish-Russian relations. The exhibitions explore key turning points in history as well as the lives of ordinary people.

37. The Finnish Labour Museum Werstas: In Finland's largest free museum, you can discover stories of the working class, visit Steam Engine Museum and The Industry Museum and explore numerous changing exhibitions.

38. Amuri Museum of Historic Housing: Experience a glimpse of history as you explore the homes of Tampere's working-class families and enjoy traditional Finnish delicacies at café Amurin Helmi.

39. Hiekka Art Museum: Founded in 1931 by goldsmith Kustaa Hiekka, the museum's collection includes Finnish visual art from the 1630s to the present day, as well as a wide range of artifacts.

40. Sara Hildén Art Museum: Contemporary art museum located in the Särkänniemi area, showcasing changing collections of art, paintings and sculptures from Finland and abroad.

41. Tampere Art Museum: Admire changing exhibitions from historical themes to contemporary art, featuring works by both renowned artists and emerging talents. (The museum is currently operating in temporary premises due to expansion renovation.)

42. Emil Aaltonen Museum: Discover the fascinating life story of Emil Aaltonen, who rose from a shoemaker's apprentice to a successful businessman and influential researcher.

43. Vapriikki: Diverse museum centre with plenty to see and experience for the whole family. The changing exhibitions explore a wide range of topics, from history and technology to natural sciences.

44. Serlachius: A meeting place where art and stories come together for everyone to enjoy. This cultural gem of Mänttä is easily reached by hopping on the Art & Sauna Express!



For more culture, check out also the programme of Tampere's theatres.

45. TTT-Theatre

46. Tampere Theatre

47. Tampere Comedy Theatre

48. Pyynikki Summer Theatre

Experiences and activities ranging from lake cruises and roofwalks to equipment rentals and cycling routes. Find more ideas at visittampere.com



DESIGN & SHOPPING

49. Ratina shopping centre

50. Koskikeskus shopping centre

51. Department store Sokos

52. Department store Stockmann

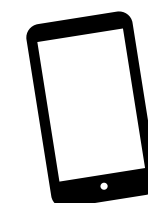
53. Tullintori shopping centre



More inspiration:

DesignOnTampere
designontampere.com

Second Hand Tampere
secondhandtampere.fi



The **Tampere.Finland** app features the **Tampere Pass**, which offers discounts and benefits in the city centre. The app also provides a route finder, public transport routes and timetables, and Tampere event calendar. Download it for free from Google Play Store or Apple App Store.



LOCAL FLAVOURS

54. Restaurant Kajo: Enjoy the purest natural flavours spiced up with great service, stories and ambience. At this Michelin Guide-listed restaurant food takes on a whole new meaning.

55. Restaurant Nonni: Curious, charming, adventurous and proudly laid-back restaurant in Tammela.

56. Restaurant Näsinneula: The most breathtaking views in Tampere, accompanied by outstanding food.

57. Siipiweikot: Want to try the traditional delicacy of Tampere? Spread your wings and fly to Siipiweikot, one of the restaurants serving epic hot wings!

58. Vaakon Nakki kiosk: There are traditions and then there are Traditions. Vaakon Nakki has been serving delicious fast food classics since 1962!

59. Pizzeria Napoli: What does a pizza with blood sausage topping taste like? Find out at Tampere's oldest pizzeria, with over 100 pizzas on the menu!

60. Restaurant Periscope: Enjoy artisan dishes served at the tables of a trendy restaurant, with beautiful views over the Tampere city centre and Ratina bay.

61. Moro Sky Bar: Enjoy a glass of wine or a delicious drink while admiring the view of Tampere city centre from the rooftop bar of Finland's tallest hotel.

62. Plevna Brewery Pub & Restaurant: Experience a central European brewery cellar in the heart of the city. Plevna offers a wide menu of delicious dishes, as well as award-winning products from its brewery.

63. Restaurant Tampella: Located right by the Tammerkoski rapids, this former linen weaving mill now invites you to enjoy dishes made from fresh produce.

64. Restaurant Puisto: Visit Puisto for culinary experiences and spectacular views of the Tammerkoski rapids.

65. Restaurant Tiiliholvi: Step into the cellar restaurant of a stately Art Nouveau building, enjoy culinary fireworks and relax in the exquisite atmosphere under brick arches.

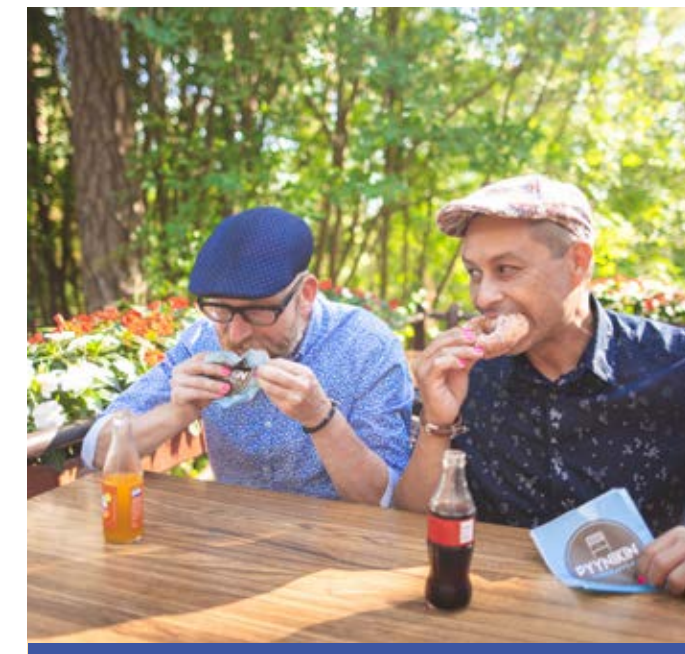
66. Gastropub Tuulensuu: This gem in Hämeenpuisto boulevard is a great place for atmospheric candlelit dinners or simply relaxing in the evening.

67. Restaurant Muusa: Mediterranean, Middle Eastern and North African cuisine combined with pure, local flavours suitable for both vegans and flexitarians.

68. Ravinteli Huber: A steakhouse with a relaxed atmosphere for meat lovers and their friends.

69. Restaurant Madame: Timeless restaurant at Frenckell, where French elegance meets with Finnish soul.

70. Pispalan Pulteri: Sense the atmosphere and try famous steaks of a restaurant that has been the living room of the people living in Pispala since the 1960s.



COFFEE AND PASTRIES

71. Pyynikin munkkikahvila: The best doughnuts in the world are made in Tampere! In addition to the legendary café in the Pyynikki Observation Tower, these doughnuts are also available at the Market Hall, and there are vegan and gluten-free options as well.

72. Pyymäen Aira: Experience café culture right in the heart of Tampere. This stylish café serves fresh and mouth-watering treats from its own bakery.

73. Bakery Café Puusti: This charming café is known for its freshly baked delicious cinnamon rolls and its unique blend of nostalgic warmth and vibrant city life.

74. Boulangerie Marco: Stop by this French bakery at Tullintori and treat yourself to a freshly baked croissant or a sweet pastry!